

## Week One

5th Sept, 3rd Oct, 7th Nov, 5th Dec, 2nd Jan, 30th Jan

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Sausages and Mash with Broccoli and Cauliflower Medley	Chicken Korma with Rice and Mango Chutney Sweetcorn Salad	Cottage Pie with Mixed Vegetables	Roast Chicken with Mashed Potatoes, Autumnal Root Vegetables and Gravy	Fish and Chips with Peas and Baked Beans
Quorn Sausages and Mash with Broccoli and Cauliflower Medley	Vegetable Paella with Mixed Salad	Vegetarian Lasagne with Crusty Bread and Mixed Vegetables	Roasted Vegetable Roulade with Mashed Potatoes, Gravy and Autumnal Root Vegetables	Samosa with Chips, Curry Sauce and Peas
Guest Dish	Guest Dish	Guest Dish	Guest Dish	Guest Dish
Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
Pasta Par	Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar
Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings
Lemon Shortbread	St. Clement Sponge	Apple Crumble with Custard	Fruit Sundae	Chocolate and Pear Loaf

Fresh seasonal salad and bread available daily. Fresh fruit and yoghurt available daily as an alternative to the dessert of the day.

Allergy information available on request.



Providing fresh, local & seasonal ingredients.  
High welfare meats & sustainable fish



## Week Two

12th Sept, 10th Oct, 14th Nov, 12th Dec, 9th Jan, 6th Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Cheddar Cheese Macaroni with Mixed Salad	Chicken and Vegetable Pie with New Potatoes and Carrot Batons	Beef Bolognese with Pasta and Italian Salad	Roast Pork with Roast Potatoes, Winter Cabbage Medley and Gravy	Salmon Fishcake with Chips, Peas and Baked Beans
Vegetable Kebabs Pitta with Hummus and Crisp Cabbage Salad	Cheese and Tomato Quiche with New Potatoes and Carrot Batons	Vegetable Risotto and Broccoli Salad	Quorn Fillet Roast with Roast Potatoes, Gravy and Winter Cabbage Medley	Vegetable Calzone with Wedges, and Slaw
Guest Dish	Guest Dish	Guest Dish	Guest Dish	Guest Dish
Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
Pasta Par	Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar
Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings
Iced Carrot and Apple Oat Slice	Blueberry Muffin	Winter Spiced Cake with Custard	Warm Banana Loaf	Chocolate Brownie

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## Week Three

19th Sept, 17th Oct, 21st Nov, 16th Jan,

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Madras with Rice and Sweetcorn Salad	Honey BBQ Chicken Drummers with Rice and Coleslaw	Beef and Vegetable Pie with New Potatoes and Salad	Roast Chicken with Roast Potatoes, Gravy and Harvest Vegetables	Breaded Fish with Chips, Peas and Baked Beans
Quorn Sausage Dog with Potato Salad and Sweetcorn Salsa	Creamy Veggie Enchilada with Rice and Coriander Slaw	Cheese and Red Onion Tart with Mashed Potatoes, Gravy and Mixed Salad	Vegetable Hot Pot with Harvest Vegetables	Chick Pea Curry with Chips, Peas and Baked Beans
Guest Dish	Guest Dish	Guest Dish	Guest Dish	Guest Dish
Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar
Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings
Golden Oat Bar	Pear Loaf with Custard	Crunchy Ripple Cream	Lemon Drizzle Cake	Chocolate Cake

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## Week Four

26th Sept, 31st Oct, 28th Nov, 23rd Jan

Monday	Tuesday	Wednesday	Thursday	Friday
Spinach and Ricotta Pasta Bake with Mixed Salad and Crusty Bread	Hunter's Chicken with Rice and Vegetable Stir-Fry	Italian Beef Lasagne with Crusty Bread	Roast Beef with Roast Potatoes, Gravy and Roasted Root Vegetables	Breaded Salmon with Chips, Peas and Baked Beans
Veggie Chow Mein with Sweetcorn Medley	Tex Mex Quorn with Rice and Jalapeno Slaw	5 Bean Chilli with Guacamole, Sour Cream and Rice	Shepherdess Pie with Sweet Potato Mash and Roasted Root Vegetables	Quorn Sausage Roll with Chips, Peas and Baked Beans
Guest Dish	Guest Dish	Guest Dish	Guest Dish	Guest Dish
Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar
Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar
Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings	Jacket Potato with various fillings
Chocolate Mousse	Gingerbread Cake with Custard	Carrot Cake	Coconut and Honey Slice	Cinnamon Apple Crumble Cake

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