

Sports Premium: 2013-14

Monies were allocated to KS2 for Swimming lessons as this had been absent from the curriculum and deemed essential as a life skill.

Each class in Years 5 and 6 had a 6 week block of swimming lessons with a qualified coach from St Gregory's and 2 teachers from the local swimming pool. Each group was divided in to ability levels and progress monitored throughout. In total 180 pupils accessed the lessons.

Impact

By the end of their respective blocks pupils in each group achieved the main National Curriculum learning objectives.

- The Beginners groups were able to swim out of their depth with aids and were far more confident in the water.
- The Improvers groups were able to swim at least a length of the pool without aids. (33 metres)
- The Advanced groups were successfully assessed for distance swims and were working beyond the National Curriculum guidelines of achieving 25 metres at the end of KS2.

Following this highly successful programme, a number of the pupils are now attending both lessons at the local pools and swimming for pleasure.

Overall, the confidence of all pupils rose significantly over their time in the water and their enthusiasm and enjoyment of the lessons was palpable.

This is a programme that built pupils' self-esteem and opened an opportunity for those who might have otherwise not been able to access swimming lessons. The lessons developed the skills of pupils in working collaboratively and cooperatively with each other. Listening skills were enhanced and they learned the vital importance of health and safety in the swimming pool environment.

This will continue in the academic year 2014-15.